Hypoglycemia

Skills Checklist & Training Record

Person Trained: _____

Instructor: _____

Place date and code in the box: "+" = skill achieved "-" = skill not achieved	Demo Date	Return Demonstrations									
		Date	Date	Date	Date	Date	Date	Date	Date	Date	Date
A. States name & purpose of procedure											
B. Preparation:											
1. Reviews Symptoms of hypoglycemia:											
• mild											
• moderate											
• severe											
2. Identifies where procedure is done											
C. Identifies supplies:											
1. Lists various glucose products											
2. Lists various sugar sources											
3. Identifies appropriate carb & protein snacks											
A. Procedure:											
1. Verbally recites appropriate response to a case scenario of hypoglycemia											
• test blood glucose if able											
• provide appropriate glucose/ sugar source											
• wait 10 minutes, retest, if blood glucose 70 or above and no symptoms, follow up with an appropriate snack (unless meal is scheduled within the hour), student may return to class											
• if below 70, treat again											
• after 3rd attempt, call school nurse & parents											
• after 4th attempt, call paramedics, notify parents											