

**Emergency Procedure for Severe Low Blood Glucose**  
**Hypoglycemia/Insulin Reaction**  
**Glucose Gel Only**

| <b>Pupil:</b>  | <b>DOB:</b>                                      | <b>School:</b>   | <b>Grade:</b> |
|--|--|--|---------------|
| <b>Equipment and Supplies</b>  | 1. Glucose gel<br>2. Regular (not diet) soda pop | 3. Blood glucose meter kit<br>4. Glove (if indicated)            |               |
| <b>Essential Steps</b>   |  | <b>Key Points &amp; Precautions</b>                              |               |
| 1. Verify signs of severe low blood glucose: Unable to swallow – Unconsciousness<br>Combative – Uncooperative – Seizures.  |  | Signs are so severe that pupil is unable to participate in care. |               |
| 2. <b>Place pupil on side - or - in upright position</b> if restless/uncooperative, <b>AND</b><br><b><u>Have someone call paramedics, school nurse and parent.</u></b>     |  | If seizure occurs, follow standard seizure procedure.            |               |
| 3. Place one of the following in cheek pouch closest to ground and massage:<br><br>• Glucose gel:       __ 15 gm tube Insta-Glucose – or –<br>__ 15 gm. Monogel or Glucose |  | Maintain head position to one side prevent aspiration            |               |
| 4. When pupil is able to swallow, repeat Step 3,<br>- and -<br>Give sips of regular soda pop (not diet) as tolerated until paramedics arrive.                              |  |  |               |
| 5. When paramedics arrive, pupil will be transported for medical care.<br>When transported, notify physician.  |  | Avoid orange juice. Glucagon can cause nausea/vomiting.          |               |
| 6. Document on Procedure Log.  |  |  |               |