

Emergency Procedure for Severe Low Blood Glucose
Hypoglycemia/Insulin Reaction
Glucagon Injection Followed By Glucose Gel When Able To Swallow

Pupil:	DOB:	School:	Grade:
Equipment and Supplies	1. Glucose gel 2. Glucagon kit	3. Regular (not diet) soda pop 4. Blood glucose meter kit	
Essential Steps			Key Points & Precautions
1. Verify signs of severe low blood glucose: Unable to swallow – Unconsciousness Combative – Uncooperative – Seizures			Signs are so severe that pupil cannot participate in care.
2. Place pupil on side – or – in upright position if restless/uncooperative, AND Have someone call paramedics, school nurse, and parent.			If seizure occurs, follow standard seizure procedure.
3. Give Glucagon injection (use procedure below).			
4. When pupil is able to swallow, give one of the following : • 15 gms of glucose gel: ___ 15 gm tube Insta-Glucose – or – ___ 15 gm pkt. Monogel or Glutose - and - Give sips of regular soda pop (not diet) as tolerated until paramedics arrive. Avoid orange juice. Glucagon may cause nausea/vomiting			If able to swallow but not fully alert, position head to one side for preventing aspiration.
5. When paramedics arrive , pupil will be transported for medical care. When transported , notify physician.			
6. Document on Procedure Log.			

How To Prepare And Inject Glucagon

Equipment and Supplies	1. Glucagon kit (diluent in syringe and vial of glucagon powder) 2. Alcohol wipes	3. Bandage 4. Sharps box
Essential Steps		Key Points & Precautions
Prepare Glucagon syringe		
1. Remove vial cap, clean vial top with alcohol. Remove needle cover.		
2. Inject contents of syringe into vial (held upright).		
3. Swirl vial gently until dissolved/clear.		
4. Hold vial upside down, and withdraw all solution.		
5. Withdraw needle from vial, hold syringe upright, and remove air/bubbles from syringe -then- create dribble at needle tip		
Administer Glucagon:		
1. Expose injection site (upper, outer area of thigh or arm).		
2. Hold syringe safely; use other hand to clean injection site with alcohol.		
3. "Pinch up" skin/muscle (still holding alcohol wipe).		
4. Insert needle straight into muscle of buttock, arm or thigh and inject glucagon.		
5. Withdraw needle while pressing gently with alcohol wipe or cotton ball at injection site.		
6. Massage injection site for 10 seconds; apply bandage if needed.		
7. Put used syringe and vial in Sharps container.		If glucagon is prepared and not used, it is only good for one month if kept refrigerated.